

Day 1: November 29th

10:00	<b>Welcome message.</b> Boris Gabovich, Estonia	
10:15	<b>Pain and magical thinking: ways of pain management in Estonian folklore.</b> Reet Hiimäe, Estonia	
10:45	<b>Pain Genetics: Pathway to Personalized Pain Management.</b> Inna Belfer, USA	
11:30	<b>What happens in the brain following diseases of the viscera?</b> Asbjørn Mohr Drewes, Denmark	
12:00	LUNCH	
13:00	<b>Session 1. Non-pharmacological approach to pain.</b> Chair: I. Golubovska, K. Petrikonis <b>Psychological characteristics of patients as a factor of efficiency of preemptive analgesia.</b> Iana Stepanova, Russia	
13:15	<b>Cognitive-behavioral pain treatment.</b> Helen Margus, Estonia	
13:45	<b>Validation of the critical-care pain observation tool in adult patients in Russia.</b> Arina Spasova, Russia	
14:00	<b>Expanding Panjabi's stability model to express movement: A theoretical model.</b> Jonathan Hoffman, Israel	
14:15	Coffee break	
14:45	<b>Session 2. Neuropathic pain.</b> Chair: M. Haanpää, M. Braschinsky <b>Recognizing trigeminal neuralgia.</b> Mark Braschinsky, Estonia	
15:00	<b>The influence of preoperatively performed corticosteroid injections on the long-term outcome of surgical treatment for carpal tunnel syndrome.</b> Paul Vahi, Estonia	
15:15	<b>Neuropathic component in mixed pain conditions.</b> Kestutis Petrikonis, Lithuania	
15:45	<b>EFNS guidelines on the pharmacological treatment of neuropathic pain: looking beyond the 2010 revision.</b> Maija Haanpää, Finland	
16:15	Coffee break	
16:45	<b>Satellite symposium 1. Painful topics and burning issues about Breakthrough cancer pain. Sponsored by TEVA.</b> Chair: J. Kariagin, R. van Seventer <b>Breakthrough cancer pain - lessons from Western Europe.</b> Andrew Davies, UK	<b>Satellite symposium 2. Aceclofenac – New possibility in Chronic Pain Treatment. Sponsored by Gedeon-Richter.</b> Chair: S. Goshka, M. Kunevich <b>Use of NSAIDs in Rheumatology.</b> Eve-Kai Raussi, Estonia
17:15		<b>Differential advantage of aceclofenac: chondroprotection.</b> Vera Toth, Hungary
17:30	<b>Breakthrough Pain in Baltics and gain of new treatment options.</b> Vilnis Sosārs, Latvia	<b>Chronic pain clinical cases.</b> Daina Jēgere, Latvia
17:45		
18:15	Break	
18:30	<b>Opening ceremony.</b> <b>Wine and headache.</b> Toomas Toomsoo/Inna Rubanovich, Estonia	
19:00	Dinner	

Day 2. November 30th.

09:00	<b>Berlin-Chemie special lecture.</b> <b>Modern Understanding of Acute Pain Management - a Role of Dexketoprofen.</b> Magdi H. Hanna, UK
09:45	<b>Session 3. Chronic pain.</b> Chair: A. Sciupokas, B. Gabovich <b>The societal impact of back pain.</b> Arunas Sciupokas, Lithuania
10:15	<b>Treating chronic pain: the case of opioids.</b> Maksim Kunevich, Estonia
10:45	<b>Chronic low back pain treatment challenges.</b> Inara Logina, Latvia
11:15	Coffee break
11:45	<b>Session 4. Pain surgery.</b> Chair: R. van Seventer, M. Arons <b>Pulsed Radiofrequency (PRF) Increase Biomarkers Expression in the Lumbar Dorsal Root Ganglion of the Domestic Porcine.</b> Mihhails Arons, Latvia
12:15	<b>Caudal epidural pulsed radiofrequency for invasive treatment of refractory chronic pain.</b> Aleksejs Miscuks, Latvia
12:45	<b>Epiduroscopy an Neuroscopy: focus on new techniques and treatment options.</b> Robert van Seventer, Netherlands
13:15	LUNCH
14:20	<b>Session 5. Visceral pain.</b> Chair: A. Vaitkus, Y. Kolesnikov <b>Pelvic varices – reason for the pain or not?</b> Veronika Palmiste-Kallion, Estonia
14:40	<b>Lower abdominal pain from the surgeon`s point of view</b> Airi Oeselg, Estonia
15:00	<b>Gastroenterologist's view: Management of abdominal pain.</b> Benno Margus, Estonia
15:20	<b>Gynaecological causes of pelvic pain</b> Liina Rajasalu
15:40	<b>Phenomena of reference, sensitization and convergence in visceral pain.</b> Alfredas Vaitkus, Lithuania
16:00	Coffee break
16:30	<b>Session 6. Organisation of pain care.</b> Chair: I. Belfer, I. Logina <b>Multimodal pain management.</b> Vladimir Romanenko, Ukraine
17:00	<b>Pain Management Team's objective at the Tartu University Hospital.</b> Juri Karjagin, Estonia
17:30	<b>The Founding of a Multidisciplinary Palliative Care Service in Tertiary Care Hospital - First Initiative in Estonia.</b> Made Bambus, Estonia
18:00	<b>Closing remarks.</b> Boris Gabovich, Estonia

plenary sessions
special lectures
satellite symposia
miscellaneous